

Activity Sheffield



**Autumn/Winter Activities
for Children, Teenagers,
Adults and Older Adults**

**Monday 27 October -
Friday 19 December 2014**



0114 273 4266



www.sheffield.gov.uk/activitysheffield



activity.sheffield@sheffield.gov.uk



[/activitysheffield](https://www.facebook.com/activitysheffield)



[@activitysheff](https://twitter.com/activitysheff)



Welcome to Your Autumn/Winter Activity Guide!


Welcome to our new look Autumn/Winter Activity Brochure! This brochure encompasses all the exciting activities that Activity Sheffield has to offer for all ages, from Monday 27 October all the way through to Friday 19 December 2014.

Throughout the brochure you will find **October Half Term Activities** and **Term Time Activities for children and young people, Activities for Adults and Older People** and **Activities for People with Disabilities**.










The activity key below will help you to decide what the activity is, and who it's for. If you have any questions or want to find out more, don't hesitate to get in touch using our contact details on the next page.

It is advisable to contact us prior to attending a session in case of any changes or cancellations.


Activity Key

 **Booking and Advanced Payment Essential**


Suitable Age Range


Under 8's welcome with 18+ adult for certain activities, please call us to check.

 **Family Event**

Open to 1-101 year olds! Under 8's very welcome when accompanied by an adult.


















 **Bring a Drink**

 **Bring a Packed Lunch**


 **Changing Places**

 **ACU (Activity Camp Unleashed)**

 **Adult**

-  **Aerobics**
-  **Arts**
-  **Athletics**
-  **Badminton**
-  **Boccia**
-  **Chairbased Exercise and Games**
-  **Dodgeball**
-  **Football**
-  **Gymnastics**
-  **Ice Skating**
-  **Multi Sports**
-  **Martial Arts**
-  **Swimming**
-  **Street Dance**
-  **Trampolining**
-  **Walking**
-  **Zumba**

Things You Need to Know!

- When you see the  symbol you must call to book a place for your child and pay for this activity in advance via debit/credit card

We are no longer able to accept cash on the day



We are a Children's University learning destination. Simply bring your passport to learning and we will give you your credits.

- Keep this brochure safe or contact our Customer Service Team and they can email you an electronic version.

Important Information

Activity Sheffield insist on positive behaviour from all participants, anyone unable to meet this requirement, may be asked to leave.

To see our policy around refunds and cancellations please visit:
www.sheffield.gov.uk/activitypolicy

Activity Sheffield is a fully inclusive provider and welcomes participants of all backgrounds. Our activities are open to all people regardless of age, sex, race, faith, disability and sexuality. We welcome as broad and diverse a range of participants as possible. We will make all possible reasonable adjustments to accommodate the needs of our customers. Should this not prove possible we will always provide an explanation why, so get in touch with us to see what's going on.

Contact Us...

Our friendly and knowledgeable Customer Service Team are on hand to help with holiday bookings and enquiries from 8.30 am - 6.00 pm Monday to Friday. You can either;

 **0114 273 4266**

 **www.sheffield.gov.uk/activitysheffield**

 **activity.sheffield@sheffield.gov.uk**

 **[/activitysheffield](https://www.facebook.com/activitysheffield)**

 **[@activitysheff](https://twitter.com/activitysheff)**

KIDS HOLIDAY CAMPS

From
£7
per session

Athletics Camps *6-16 year olds*
8.30am-5.30pm or Mornings/Afternoons available
EIS Sheffield

Multi-Sports Camps *6-13 year olds*
8.30am-5.30pm or 10.00am-4.00pm
Available at Concord Sports Centre, EIS Sheffield,
Graves Tennis & Leisure Centre, Hillsborough Leisure
Centre, Ponds Forge & Westfield Sports Centre

Diving Camps *6-13 year olds*
9.30am-11.30am
Ponds Forge

Trampoline Camp *6-13 year olds*
Mornings or Afternoons available
Concord Sports Centre (Trampoline & Gymnastic),
Graves Tennis & Leisure Centre,
Hillsborough Leisure Centre and Ponds Forge



siv **life** CARD

www.sivltd.com/holiday-camps

Getting to Know Us!

Nicola

Name: Nicola

Job: Community Activity Leader

Favourite Hobby: Singing

Favourite Food: Sweet Potato

Fun Fact: I have an identical twin



Alex

Name: Alex

Job: Community Activity Leader

Favourite Hobby: Playing football

Favourite Food: Sweet and sour chicken

Fun Fact: I lived in Cleveland, USA for 6 months



October Half Term Holidays

Monday 27 October

Activity Camp Unleashed

Concord Sports Centre

10.00 am – 3.00 pm



Tuesday 28 October

Athletics Camp

City Athletics Stadium

Woodburn Road S9 3HL

10.00 am – 2.00 pm



Please wear suitable warm sports clothing as the activities will take place outdoors. Delivered in partnership with Hallam University

Activity Camp Unleashed

Stocksbridge Leisure Centre

10.00 am – 3.00 pm



Please contact Stocksbridge Community Leisure Centre on 0114 288 3792 to book onto this activity

Activities on Tour Richmond Park

2.00 pm – 3.30 pm



Activities on Tour Tinsley Green

4.30 pm – 5.30 pm



Activities on Tour Springfield MUGA

5.00 pm – 6.30 pm



Activities on Tour Broadfield Muga

7.00 pm – 8.00 pm



Activities on Tour Ruskin Park

7.30 pm – 8.30 pm



Wednesday 29 October

Activity Camp Unleashed (with Gymnastics) Ecclesfield School

10.00 am – 3.00 pm



Halloween Treasure Hunt (Walk Boost) Firth Park, S6 6HH

11.00 am – 2.00 pm



(Children must be supervised by adults)

Activities on Tour Hollinsend Park

1.30 pm – 3.00 pm



Activities on Tour Phillimore Park

4.30 pm – 5.30 pm



Activities on Tour Highfields MUGA

6.30 pm – 7.30 pm



Thursday 30 October

Activity Camp Unleashed English Institute of Sport & Ice Sheffield, S9 5DA

10.00 am – 3.00 pm



We recommend that non-skaters hire a penguin skating aid to help them on the ice (these cost £3.10)
Please bring correct change

Please note that Ice Skating with Activity Sheffield staff finishes at 3.00 pm. Activity Sheffield will not supervise or be responsible for participants that choose to stay after this time.

Meet at English Institute of sport and pick up from Ice Sheffield

Activity Camp Unleashed Stocksbridge Leisure Centre

10.00 am – 3.00 pm



Please contact Stocksbridge Community Leisure Centre on 0114 288 3792 to book onto this activity

Multi-Sports Camp Shiregreen Neighbourhood Centre

10.00 am – 2.00 pm



Ghost Walk

EISS reception, S9 5DA

10.15 am – 12.00 noon



Drop the kids at our fantastic camp and then join us for a walk around the local area learning about the local ghosts as you go.

Halloween

Treasure Hunt

Bolehills Park, S10 1QW

11.00 am – 2.00 pm



(Children must be supervised by adults)

Friday 31 October

Activity Camp

Unleashed

Springs Leisure Centre,
S2 2AL

10.00 am – 3.00 pm



(Please note this is not a taught swimming session)

Activities on Tour

Longley Park

2.30 pm – 4.00 pm



Activities on Tour

Wolfe Road Park

5.00 pm – 6.30 pm



Friday 5ives Football

Concord Sports Centre,
S5 6AE

5.00 pm – 7.00 pm



Friday 5ives Football

U - Mix Centre, Lowfields,
S2 4UJ

5.00 pm – 7.00 pm



Friday 5ives Football

Ecclesfield School, S35 9WD

4.30 pm – 6.00 pm



IT'S A FACT!

SCIENCE HAS SHOWN THAT WHEN YOUNG PEOPLE INCREASE THEIR DAILY ACTIVITY LEVELS, THEY DECREASE THEIR CHANCES OF DEVELOPING HEART DISEASE AND TYPE 2 DIABETES.

Term Time Activities



Mondays

Gresley Road Youth Club

Lowedges Community
Centre, S8 7HL

3.30 pm – 4.30 pm



Street Dance

Westfield Sports Centre,
S20 1HQ

6.00 pm – 7.00 pm



Football

Vikinglea Road Field,
S2 1BE

6.30 pm – 7.30 pm



IT'S A FACT!

ACTIVITY HELPS
CHILDREN TO BE
HAPPY, SLEEP WELL,
LISTEN AND LEARN
BETTER AT SCHOOL,
BE HEALTHY AND
STRONG, REDUCE
ANXIETY AND BE
MORE CONFIDENT

Tuesdays

Football

Fir Vale School, S4 8GB

3.00 pm – 4.30 pm



Multi-Sports

Shiregreen Neighbourhood
Centre, S5 0AA

3.30 pm – 4.30 pm



Sunsetters

Multi-sports

Batemoor & Jordanthorpe
Community Centre, S8 8BT

4.00 pm – 5.00 pm



Multi-Sports

Spires Youth Centre, S2 2AL

4.30 pm – 5.30 pm



Football

Fir Vale School, S4 8GB

4.30 pm – 6.00 pm



Multi-Sports

Wincobank Chapel, S5 6BB

4.45 pm – 5.45 pm



Broadfield Multi-Sports Broadfield Multi-Use Games Area, S8 0XQ

7.00 pm – 8.00 pm



Double Six Youth Club Scarsdale Road, S8 8TE

6.00 pm – 7.00 pm



Street Dance

Terry Wright Community Centre, S14 1FX

4.45 pm – 5.45 pm (11-16 year olds)

5.45 pm – 6.45 pm (8-10 year olds)



Wednesdays

Boxing

Lowedges Tenants Meeting Hall, S8 7HH

6.00 pm – 7.00 pm



Street Dance

Hackenthorpe Community Centre, S12 4JB

5.00 pm – 6.00 pm



Dodgeball

Westfield Sports Centre, S20 1HQ

5.15 pm – 6.15 pm



Multi-Sports

Brushes Community Centre, S5 6QE

4.45 pm – 5.30 pm



Football

St James and St Christopher Church, S5 0RG

7.00 pm – 8.00 pm



Multi Sports

Stubbin Community Centre, S5 6LY

6.15 pm – 7.15 pm



Thursdays

Street Dance

Scowerdons Community Centre, S12 4TL

6.00 pm – 7.00 pm



Active & Arty

St Swithuns Church, S2 1JP

5.30 pm – 7.00 pm



Broadfield Multi-Sports

Broadfield Multi-Use Games

Area, S8 0XQ

7.00 pm – 8.00 pm



Football

Newfield School, S8 9JP

4.30 pm – 5.30 pm



Dance

Brushes Community Centre,

S5 6QE

4.30 pm – 5.30 pm



Fridays

Friday 5ives Football

The U-Mix Centre, S2 4UJ

5.00 pm – 7.00 pm



Friday 5ives Football

Chaucer School, S5 8NH

5.00 pm – 6.30 pm



Friday 5ives Football

Concord Sports Centre,

S5 6AE

5.00 pm – 7.00 pm



Friday 5ives Football

Ecclesfield School, S35 9WD

4.30 pm – 6.00 pm



Football

Fir Vale School, S4 8GB

6.00 pm – 8.00 pm



Activities for Adults and Older People

(October-December 2014)



Mondays

Aerobics

Joseph Stone Centre,
S20 5EB

10.00 am – 11.00 am



Multi Sports

Parson Cross Forum,
S5 9NB

11.00 am – 12.30 pm



Badminton

Concord Sports Centre,
S5 6AE

1.15 pm – 2.15 pm



Gentle Exercise & Active Games

Walkley Community Centre,
S6 3TG

1.30 pm – 3.00 pm



Gentle Exercise & Games

Dalton Court Community
Centre, S8 0YU

2.00 pm – 3.00 pm



English Institute of Sport Sheffield, S9 5DA

Every Monday

10.00 am – 12.00 pm



Ponds Forge International Sports Centre, S1 2BP

Every Monday

6.00 pm – 7.00 pm



Bard Street Community Centre, S2 5PY

Every Monday (Exc 13/10/14)

11.00 am – 12.00 pm



Tuesdays

Gentle Exercise & Games

Wincobank Chapel, S5 6BB

10.00 am – 11.00 am



Active Adults Sports & Games

Meersbrook United
Reformed Church, S8 9FJ

10.00 am – 11.00 am



Gentle Exercise & Games

St Catherine's Catholic Primary School, S4 7BX

10.30 am – 11.30 am



Active Ladies

Shipshape Health and Wellbeing Centre, S11 8AE

11.30 am – 12.30 pm



Gentle Exercise & Games

St Peter's Church Ellesmere, S4 7EP

11.30 am – 12.30 pm



Gentle Exercise & Games

Frecheville Methodist Church, S12 4XW

11.30 am – 12.30 pm



Concord Sports Centre, S5 6AE

Every Tuesday

1.30 pm – 3.00 pm



Wednesdays

Gentle Exercise & Games

Foxhill Forum, S6 1BT

11.30 am – 12.30 pm



Gentle Exercise & Games

St Aiden's Church, S2 1UF

1.00 pm - 2.30 pm



Gentle Exercise & Games

Verdon Recreation Centre, S3 9QS

1.30 pm - 3.00 pm



Gentle Exercise & Games

Lowedges Sheltered Accommodation, S8 7JG

2.00 pm – 3.00 pm



Springs Leisure Centre, S2 2AL

Every Wednesday

9.30 am – 11.00 am



**Activity
Sheffield**
presents...

**Sheffield's Sport and
Physical Activity Scheme**

Miracle Cure!



**Move more and you'll feel better,
look better and work better!**

**We are here to support you and
your family to access free or
low cost activities.**

**Contact us about your free Lifecard
loaded with £50* of activities.**

For more information get in touch today.

Phone: 0114 273 5353

Email: miraclecure@sheffield.gov.uk

Website: www.movemoresheffield.com/miraclecure

*T&Cs apply

DP15409



Thursdays

Gentle Exercise & Games

Brighton Welfare, S20 1EA

10.00 am – 12.00 noon



Multi Sports and Games

St Wilfrid's Centre, S2 4DT

11.00 am – 12.00 noon



Gentle Exercise & Games

Shiregreen United Reformed Church, S5 0NX

11.00 am – 12.00 pm



A Journey to Hidden Places (Walk Boost)

First start, Firth Park, S6 6HH

October 16, 12.00 noon – 3.30 pm



Approx 4.8 miles

Gentle Exercise & Games

Stradbroke Community Centre, S13 8LT

1.30 pm – 2.30 pm



Zumba

Hackenthorpe Community Centre, S12 4JB

6.30 pm – 7.30 pm



Fridays

Healthy & Active

Unit 3 Meadowhead Christian Fellowship Centre, S8 8DX

10.00 am – 11.00 am



Gentle Exercise & Games

Emmanuel Community Rooms, S20 7JU

10.00 am – 11.00 am



Gentle Exercise & Games

The Venue, S36 1DY

10.30 am – 11.30 am



Gentle Exercise & Games

Norwood and Bishopsholme Community Centre, S5 7DF

11.30 am – 12.30 pm



Gentle Exercise & Games

Firth Park Clinic, S5 6NU

1.00 pm – 2.00 pm



Gresley Road Meeting Rooms, S8 7HL

Every Friday

10.00 am – 11.00 am



Meersbrook United Reformed Church, S8 0RP

Every Friday

10.00 am – 11.00 am



Saturdays

Hillsborough Leisure Centre, S6 2AN

Every Friday

11.00 am – 12.30 pm

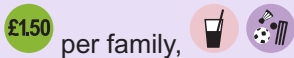


Verdon Recreation Centre, S3 9QS

Women and Children only session

Every Saturday

10:30 am – 12:00 noon



Springs Leisure Centre, S2 2AL

Every Saturday

1.00 pm – 3.00 pm



Walk Boost...

Walk Boost is all about getting you to ditch the car and get walking. Walking your short journeys instead of using the car/bus/train helps to reduce the amount of CO2 we have in our city.

Walking doesn't only help make our city a greener place, it has tonnes of health benefits, it's a great way to meet other members of the community and it helps you to find out about the area you live in.

The best thing is it's totally free and anyone can join in!

For information on Walk Boost walks and events happening across the city visit our website www.sheffield.gov.uk/walking

Thursday 6 November

Parkwood Springs (Walk Boost)

First Start Building,
Firth Park, S5 6HH

12.00 noon – 3.30 pm



Approx. 6.2 miles, adults only, arrive
15 minutes prior to start time.

Friday 7 November

A Local History (Walk Boost)

The Grindstone Pub,
Crookes, S10 1UA

1.00 pm – 3.00 pm



Approx 1.5 miles, adults only, arrive
15 minutes prior to start time.

Thursday 13 November

Longley Park, Parson Cross Park and Tongue Gutter (Walk Boost)

First start, Firth Park,
S6 6HH

12.00 noon – 3.30 pm



Approx 3.7 miles, adults only, arrive
15 minutes prior to start time.

Friday 14 November

The First Sheffield Blitz (Walk Boost) St Catherines Church, Melrose Road, Burngreave, S3 9DN

1.00 pm – 3.00 pm



Approx 1.5 miles, adults only, arrive
15 minutes prior to start time.

Thursday 20 November

Wincobank Common and Wincobank Hill (Walk Boost)

First start, Firth Park,
S6 6HH

12.00 noon – 3.30 pm



Approx 3.2 miles, adults only, arrive
15 minutes prior to start time.

Thursday 27 November

(Walk Boost) Woolley Wood First start, Firth Park, S6 6HH

12.00 noon – 3.30 pm



Approx 6.3 miles, adults only, arrive
15 minutes prior to start time.

Activity Sheffield Presents...

Inclusive Sport Sheffield

Focusing on the **ABILITY** in **DISABILITY**

Sport and dance for young people and adults with disabilities and additional needs, their friends and families.



Please get in touch for more information



0114 273 4266



activity.sheffield@sheffield.gov.uk



www.withinreach.org.uk



Activities for People with Disabilities

(October-December 2014)

Disability and Inclusive Activities

Inclusive Sport Sheffield Project Focusing on the ABILITY in DISABILITY

We offer a range of activities in sport and dance for young people with disabilities and additional needs in the holidays and in term time.

We endeavour to put the relevant support in place for any one with disabilities and/or additional needs. To talk to someone about your needs, please get in touch.

Monday

Multi Sports Wisewood Sports Centre, S6 4BS

10.00 am – 12.00 pm



For young people aged 14+
with disabilities / additional needs

Leisure Time at the Pavilion Hillsborough Park Pavilion, S6 4HD

10.30 am – 12.30 pm



For young people aged 14+
with disabilities / additional needs

Hub Stars Graves Tennis and Leisure Centre, S8 8JR

1.30 pm – 3.00 pm



For young people aged 14+
with disabilities / additional needs

Boccia and Target Games

Graves Tennis and Leisure Centre, S8 8JR

6.00 pm – 7.30 pm



For young people aged 14+
with disabilities / additional needs

Wednesday

Bawtry Road Mavericks Sheffield Hallam University Sports Park, S9 1UA

1.00 pm – 3.00 pm



For adults with disabilities /
additional needs

Sport & Activity Club

Paces Campus, High Green,
S35 3HY

6.00 pm – 7.00 pm



For young people aged 14+
with disabilities / additional needs

Thursday

Newfield Sports Club

Newfield Learning Resource
Centre, S21 4EW

10.00 am – 12.30 pm



For adults with disabilities /
additional needs

Sheffield Smashers

Boccia Club

Ponds Forge, S1 2BP

5.45 pm – 7.15 pm



For young people and adults with
disabilities / additional needs.
Free parking for Blue Badge holders
Sponsored by Irwin Mitchell

Friday

Leisure Time

Concord Sports Centre,
S5 6AE

10.30 am – 12.30 pm



For adults with disabilities /
additional needs

Inclusive Ice Skating

Ice Sheffield, S9 5DA

2.00 pm – 3.00 pm



For young people aged 14+
with disabilities / additional needs

Saturday

Quick Steps

Hillsborough Leisure Centre,
S6 2AN

11.00 am – 12.30 pm



For young people aged 6-12 with
developmental co-ordination
disorder (DCD)

IT'S A FACT!

ACCORDING TO SPORT ENGLAND, PARTICIPATION
AMONGST PEOPLE WITH A DISABILITY IS MUCH LOWER
THAN PEOPLE WITHOUT A DISABILITY

SOMEONE MISSING?



**GIVE YOUR CHILD A FUTURE.
GET THEM TO SCHOOL.**

There are 190 days in a school year, which leaves 175 days to spend on family time, shopping, appointments and other things.



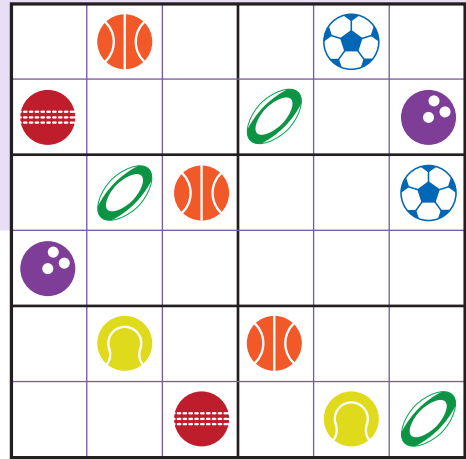
GIVE YOUR CHILD A BETTER FUTURE – AIM FOR 100% SCHOOL ATTENDANCE

Find out more at www.sheffield.gov.uk/attend

Activity Corner

Sports Sudoku

Fill the empty boxes with sporting equipment pictures so there is only ONE of each ball in any column, row or mini-grid.



Autumn Wordsearch

C E R W N K Y R O L C F G U E A R I P J O I U X R
 V E L U K G L Y W V W N B B F H L U F D P X W U G
 M Z U N Y N Z G A F C I I J Z A T K T X K N B J C
 L L U K L I V S F U V H E X D A L O G K I Q S N M
 T O F Y D H N Y W O R C E R A C S L U F T J B M V
 Z U I J O C M W R B N G E J T J G C U I T E P E Q H
 I A P L R N A X F I I M D R D N U F Q N S I V D O
 C L C K B U W S H Z Q N L K N W D R O W G I E W E
 P D I H T R R O T C H F X G U C Q U H C L I D Y E
 O L T U C C U I L O M S F N A H X O G Y C O Z E P
 K K M X U U N A M L F J D J P M E L R O J M R K I
 G N F L U A C P T S E S D U W O A O I A A A F X B
 T K C I M A S X P Q D Y F I D K I C S R N Y Y O S
 Q I E S Q B G U C L S C Y H J I E M C E P G V D N
 D L K E E X H W T R C I J Z D V A H T H V A E N C
 O N P E T D Z J G N V R S P A Y A E I Y K A I S T
 B E D R N B K Z L V V X J P C S J E T A R L E T F
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 D C C A R Q A L S B O J X H C Q T F Y H V Q B H Z
 N U I C L E N I O D K A S X X U W R W B V E E X N
 J W D M G F Z X F V A K Z L L Z Q E M P W F K G A
 Q R U X G V M G P M G K B R O W N V M D O B A H I
 U G O B S J N Y R A P K V N J R C P A Y I Z R H J
 Y G U J O B I B P E T E Z L H M O U Q B N R D Z N
 L C S Q Y J A P F Y D N I W B U D X F O L I A G E

crunching
 falling
 outside
 brown
 yellow
 orange
 april
 colourful
 deciduous
 scarecrow
 Autumn
 trees
 rake
 windy
 kites
 foliage
 May
 fun
 March
 leaves



Can my
2 year old
have a free
place?

FREE childcare for 2 year olds

Give your child the best start in life

Is this you?

- you receive certain benefits
- your household income is below £16,190 and you claim Working Tax Credits
- your child receives Disability Living Allowance

Ring **0114 273 4567**

Visit **www.sheffield.gov.uk/freeearlylearning**



Competition time

step

1

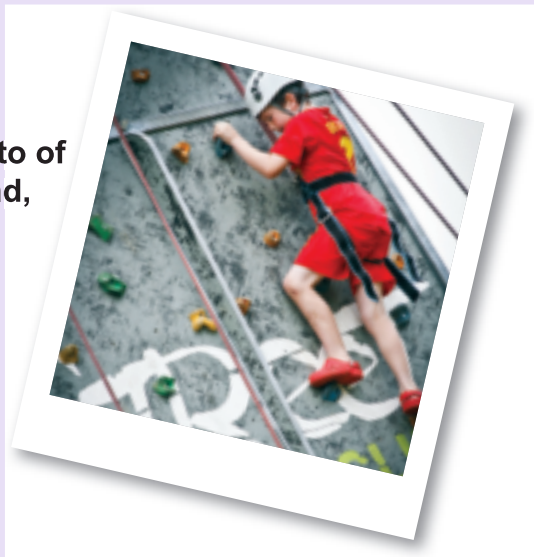


'Like' us on Facebook.

step

2

Take a photo of you, a friend, or family member at an Activity Sheffield session.



step

3

Post your photo to our timeline with a comment to be in with a change of winning a goody bag and free session!

**The competition will run until
Friday 19 December and
a winner will be selected**

EVERY FRIDAY!



This document can be supplied in alternative formats, please contact 0114 273 4266

Sheffield City Council
www.sheffield.gov.uk